



SIOBHAN McNALLY

First-world problems SOLVED!

HOTTIES

BUNS AND TUMS

One in six women would give up sex forever for a slice of their favourite cake, says a delighted Mr Kipling survey. Well now we can have our muffin tops and eat them because Spanx has invented shapewear jeans. I'm just hoping their new body control skinnies will push my love handles so far up my body that they'll become love knockers.



NOT THE ONE

Gone Girl star Rosamund Pike says women demand too much of their spouses these days. "In my granny's day," she says, "you wouldn't expect your husband to fulfil the same need in you as your sister, or girlfriends or colleagues at work. Now we all want our needs met by one person." She's right, I've always suspected low expectations were key to a happy marriage...

NOTTIES

SHUT YOUR GOB

Viewers of last night's thrilling Bake-off final must be delighted to hear they're all frightfully common, according to society decorator Nicky Haslam. The self-styled arbiter of all things fashionable has produced a new set of rules for snobby living, which includes one about not mouthing to songs when you're dancing. That rules out most X Factor contestants then. Wonder where he stands on the air guitar?

A NEW LEAF

I like a man who sorts his button drawers, which is why I've ordered my copy of the Dull Men of Great Britain 2015 calendar. But I thought those chaps at The Dull Men's Club were celebrating the ordinary with their sexless pin-ups until I saw Mr December - sex god and hedge expert Hugh Barker. Apparently Mr Barker, from London, has written a book revealing what people's hedges say about them. Wonder what he'd make of my 6ft larch fence?



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Wedding has ring of self-indulgence

WHAT I want to know is, when you marry yourself, who goes on top?

New bride Grace Gelder should be able to answer that since she recently vowed to have and to hold herself until death do her part in a delightful country wedding in front of 50 friends.

The 31-year-old filmmaker, from London, is now enjoying self-wedded bliss after admitting a relationship with another person "seemed like too much hard work".

Some of Ms Gelder's friends did worry the idea was a bit narcissistic - possibly right around the bit when the bride kissed herself on the



LOVE ME DO Grace marries herself

mirror - but otherwise everyone seemed to think it was all jolly empowering.

The bride described herself as comfortable with her motivations, saying: "I've been on a journey of personal development using meditation, dance... and a Shakti Tantra programme which focuses on sexuality."

In other words, her dream catcher failed to net a bloke who was any good in the sack, so she officially decided to give them the boot for ever.

Now I'm all for a bit of healthy self-belief, but I can't think of anyone worse to marry than myself.

If I got down on bended knee and popped the question, I'd say: "No way, crazy lady, you're boring in bed, you always finish my sentences and that joke you roll out every time you get drunk wasn't even funny back in 1993."

Where's the air of mystery in a partner if you always know what

you're thinking? OK, I appreciate blokes aren't always thinking something when they go quiet, but it's fun to pretend they're being all dark and mysterious even if they're just hoping you'll shut up and go away.

And what about all that problem-shared-is-a-problem-halved stuff - or as we used to say in our house: "What have you done now?"

You'll have no one to blame or throw the cat bowl at.

There's an entire industry built up around marital disputes and they won't take kindly to someone just coming along and solving everything with three simple little words: "Sorry, my mistake."

Although Ms Gelder's rather unconventional wedding holds no legal ground, no doubt the church will also have something to say about this self-marrying lark - they normally do if they suspect someone

might be having more fun than them. But I can't see the General Synod being in favour of own sex marriages, since it took them all this time to even accept same sex partnerships (the sheer number of priests wanting to walk down the aisle possibly being the final straw).

Apparently the bride did suffer pre-wedding jitters but it's a shame she didn't listen to that little voice in her head before she married it.

I fear that having wed in haste, Grace will be repenting at leisure, probably down the pub listening to herself go on... and on.

Where's the mystery in a partner who always knows what you think?

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BEAR FILM OF THE WEEK



While away the hours at work with this week's viral video:

TITLE: Bear Cubs Make Love Train by Petsami
STARRING: 10 or more baby Balooos
BEST LINE: "Let's all do the conga, la la la la, la la la la," but in their heads.
PLOT: Bunch of jock cubs get all bromantic at a party and do the bear conga. Just out of shot, some of the little guys are fist bumping, shotgunning cans of honey and sexually assaulting a passing raccoon. Awesome, dudes.

CONFLICTING ADVICE FOR WIMMIN IN THE WORKPLACE THIS WEEK

» In the red corner, Apprentice star Karren Brady says women don't have to wear short skirts and lots of make-up to get ahead in business (obvs she means other women). A view which seems a bit at odds with her former employer David Sullivan's pornography empire where even a mini skirt looked over-dressed.

While over in the blue corner, Theresa May, home secretary and no stranger to a kitten heel herself, says women should avoid acting like men in the office. So no picking your nose and wearing ill-fitting shiny black suits and greying white shirts either.

Oh and she says women must all support each other more, though that clearly doesn't apply to her since she's slashed funding to women's domestic violence shelters.

Of course I've been trading on my looks in the office for years, which is maybe why I was told to work at home.

THE TRUTH

The FSA has told The Banks to compensate everyone who may have been mis-sold Payment Protection Insurance (PPI).

But even though billions of pounds have yet to be repaid, the banks have tried to end PPI compensation with a deadline.

If your policy was mis-sold, you could be owed up to £7,000. Act right away to ensure that your claim is paid promptly.

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WHAT THE HASHTAGS SHOULD REALLY SAY...

Wait. What day is it? **#hahayoulaughnowbut...**
Lindsay Lohan pretends to miss curtain-up at her new London show

Shaved the monster **#nopeyourheadisstillthere**
Justin Bieber takes a razor to his upper lip fluff

Going Halloween shopping tomorrow. What should I dress up as? **#deadbehindtheeyes**
Paris Hilton invites ghoulish costume ideas ... and ignores the obvious



CURTAINS
Lindsay Lohan

